

# Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Lau Chi Kong

COMPLETED

## Four Trails Mini 2023

MEN'S RANKING : 30 of 109

OVERALL RANKING : 34 of 145

RACE 1 - HONG KONG TRAIL : 1h 56m 36s

RACE 2 - LANTAU TRAIL : 2h 43m 04s

RACE 3 - WILSON TRAIL : 3h 00m 41s

RACE 4 - MACLEHOSE TRAIL : 2h 30m 59s

TOTAL TIME : 10h 11m 20s

*Paul Wong*

Race Director

23<sup>th</sup> April 2023