

# Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

**Ping Nang Mak**

COMPLETED

## **Four Trails Mini 2024**

MEN'S RANKING : 73 of 209

OVERALL RANKING : 91 of 293

RACE 1 - LANTAU TRAIL : 3h 24m 13s

RACE 2 - HONG KONG TRAIL : 2h 21m 39s

RACE 3 - WILSON TRAIL : 3h 43m 28s

RACE 4 - MACLEHOSE TRAIL : 3h 07m 13s

TOTAL TIME : 12h 36m 33s

*Paul Wong*

Race Director  
5 May 2024