

Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Ho Wai Howard Chan

COMPLETED

Four Trails Mini 2024

MEN'S RANKING : 110 of 209

OVERALL RANKING : 141 of 293

RACE 1 - LANTAU TRAIL : 3h 33m 19s

RACE 2 - HONG KONG TRAIL : 2h 43m 47s

RACE 3 - WILSON TRAIL : 5h 06m 11s

RACE 4 - MACLEHOSE TRAIL : 3h 41m 33s

TOTAL TIME : 15h 04m 50s

Paul Wong

Race Director

5 May 2024