

Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Kin Ho Lau

COMPLETED

Four Trails Mini 2024

MEN'S RANKING : 62 of 209

OVERALL RANKING : 79 of 293

RACE 1 - LANTAU TRAIL : 3h 02m 44s

RACE 2 - HONG KONG TRAIL : 2h 42m 29s

RACE 3 - WILSON TRAIL : 3h 30m 00s

RACE 4 - MACLEHOSE TRAIL : 3h 05m 47s

TOTAL TIME : 12h 21m 00s

Paul Wong

Race Director
5 May 2024