

Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Ngo Lam Ha

COMPLETED

Four Trails Mini 2024

MEN'S RANKING : 101 of 209

OVERALL RANKING : 126 of 293

RACE 1 - LANTAU TRAIL : 3h 07m 32s

RACE 2 - HONG KONG TRAIL : 2h 48m 20s

RACE 3 - WILSON TRAIL : 4h 01m 37s

RACE 4 - MACLEHOSE TRAIL : 4h 03m 54s

TOTAL TIME : 14h 01m 23s

Paul Wong

Race Director
5 May 2024