

Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Wai Nap Lou

COMPLETED

Four Trails Mini 2025

MEN'S RANKING : 16 of 233

OVERALL RANKING : 18 of 342

RACE 1 - HONG KONG TRAIL : 1h 54m 19s

RACE 2 - LANTAU TRAIL : 2h 37m 35s

RACE 3 - MACLEHOSE TRAIL : 2h 14m 55s

RACE 4 - WILSON TRAIL : 3h 07m 03s

TOTAL TIME : 9h 53m 52s

Paul Wong

Race Director

4 May 2025