

Certificate

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Ho Long Yam

COMPLETED

Four Trails Mini 2025

MEN'S RANKING : 27 of 233

OVERALL RANKING : 33 of 342

RACE 1 - HONG KONG TRAIL : 1h 54m 49s

RACE 2 - LANTAU TRAIL : 2h 55m 48s

RACE 3 - MACLEHOSE TRAIL : 2h 27m 34s

RACE 4 - WILSON TRAIL : 3h 10m 15s

TOTAL TIME : 10h 28m 26s

Paul Wong

Race Director

4 May 2025